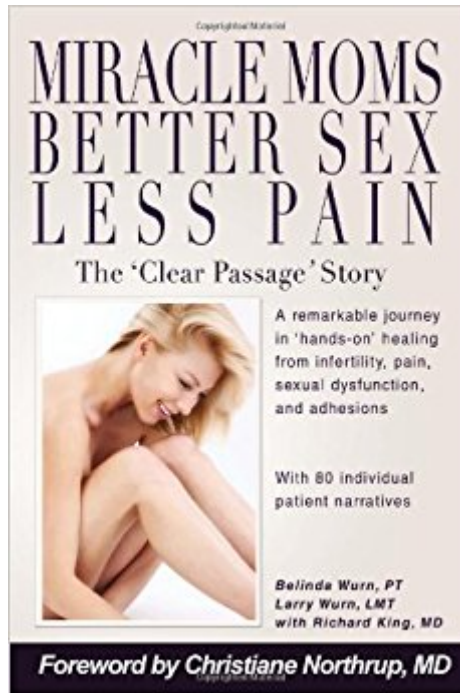


The book was found

Miracle Moms, Better Sex, Less Pain



Synopsis

Miracle Moms, Better Sex, Less Pain tells the 20-year story of a female physical therapist's triumph over debilitating pain and disability, and the discovery of a natural treatment for conditions previously thought treatable only by surgery or drugs. Filled with hope, scientifically-researched data, over 100 original images and 80 individual patient narratives, Miracle Moms focuses on a "hands-on" therapy that has been very successful treating female infertility and other complex conditions, in published studies. Adhesions form in all people as they heal from infection, surgery or injury. Modern medicine offers little relief, because surgery creates more adhesions. When physical therapist Belinda Wurn experienced terrible adhesion pain a year after cancer surgery, her doctors said that corrective surgery would only create more adhesions. Unable to cope with the pain and unwilling to undergo surgery, she and her husband (co-author Larry Wurn) worked with respected physicians and scientists to develop a non-surgical treatment that has cured many complex medical conditions, including cases of female infertility. With co-author, research gynecologist Richard King, MD, Miracle Moms traces the team's 20-year journey as the group developed and researched a natural physical therapy with proven scientific results in common but serious conditions that have challenged medical science. These include female infertility, small bowel obstruction (which is life-threatening), sexual dysfunction (which affects nearly half of all US women) endometriosis, intercourse, menstrual and post-surgical pain. With cover endorsements from respected physicians including New York Times best-selling author Christiane Northrup, MD (who wrote the Foreword) and doctors from Harvard, Columbia, and Northwestern medical schools, this book promises to usher in a women's health revolution for the 21st century. The therapy that the team developed describes a natural treatment for thousands of patients who do not want surgery or drugs. With over 700 pages, Miracle Moms is an elegant combination of breathtaking storyline, pioneering scientific discovery and natural healing. Dozens of original illustrations provide a visual journey into the body and help explain how adhesions cause problems for so many patients and doctors, and why the unique manual therapy was successful for so many women who were diagnosed "beyond help" by their physicians - until this therapy fulfilled their dreams. The authors have published studies in some of the most respected peer-reviewed medical journals in the world. Studies in *Medscape General Medicine* (2004) and *Fertility and Sterility* (2006) showed that the therapy improved fertility and decreased or eliminated endometriosis and intercourse pain in most participants. A major study in *Alternative Therapies in Health and Medicine* (2008) showed that the therapy opened totally blocked fallopian tubes in women who had been diagnosed infertile - a feat previously thought impossible. Most had natural pregnancies after their tube(s) opened.

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Customer Reviews

"A heartfelt thank you for providing women all over the world with such a safe, natural, and effective therapy to enhance fertility and pelvic health. Your work is a Godsend." --Christiane Northrup, M.D., OB-GYN, Author of *Women's Bodies*, *Women's Wisdom* and *Mother-Daughter Wisdom*"Patients with chronic pelvic pain should not ignore the value of manipulation therapy. This book illustrates this point beautifully with both medical detail and emotion. Women who suffer from chronic pelvic pain will benefit greatly by reading this book, not only from the hope it exudes, but from the therapy it describes." --Dr. Howard T. Sharp, OB-GYN, President, International Pelvic Pain Society"As a gynecological surgeon I have seen first hand what happens after I operate on patients. As much as I try to prevent adhesions I know that most patients after surgery are going to develop some form of adhesive disease. In the past, treatment for adhesions has been even more surgery which caused even more adhesions. Now with the amazing 'Clear Passage' technique patients have a safe and effective alternative to surgery." --Dr. Jacques Moritz, Assistant Professor of Obstetrics and Gynecology, Columbia University College of Physicians and Surgeons, and Director of Endoscopy and Gynecology, St. Luke's-Roosevelt Hospital Center"This informative book is well documented and illustrated. The use of patient narratives makes the therapy more understandable for health professionals and potential patients. *Miracle Moms* reads like a novel, rich in information about how the body works, and why the therapy may benefit some people. This book is useful for people with pain or dysfunction, and for manual medicine or health science students." --Dr. Lisa Conboy,

Instructor, HMS Osher Research Center, Harvard Medical School"Miracle Moms, Better Sex, Less Pain will bring awareness and hope to legions of women suffering from pelvic pain and infertility disorders. With clear explanations, research studies and patient narratives this book brings a formerly 'taboo' topic front and center, opening the door for greater healing and quality of life. I recommend this to both patients and women's health specialists alike." --Dr. Melinda Ring, Professor, Northwestern University, Feinberg School of Medicine, and Medical Director, Center for Integrative Medicine and Wellness Northwestern Memorial Physicians Group"After reading Miracle Moms, Better Sex, Less Pain: The Clear Passage Story, I have been instructed by Belinda and Larry Wurn. Their work in women's health is exciting, exhilarating, ground breaking, and amazing. "The 'Wurn Technique', in my professional opinion, is a blockbuster breakthrough both for physicians and women who have known for so long that there was something better out there for treatment of infertility, painful intercourse, sexual dysfunction, endometriosis, and chronic pelvic pain. Their approach highlights that which ought to be basic to medical care and treatment; believing and listening to the patient, and applying "hands on healing" with compassion and genuine concern. "The Wurns have published their work showing significant improvement in areas of infertility caused by endometriosis, fallopian tube occlusion, and hydrosalpinx. Their studies also document improvement in all areas of sexual function including desire, arousal/lubrication, orgasm/satisfaction and pain. I know of no other single therapy reported to increase all areas of sexual function." --Dr. Scott Miles, Ob/Gyn, Medical Director, Miles Ahead Health and Wellness, Indianapolis, IN

This was a good book but not what I was expecting. It really explains the authors techniques but you need to visit one of their facilities to get the therapy. It could be that my problem just wasn't severe enough. If it was, I would probably go to greater lengths to try it.

Wow! I can't believe I read an entire medical book of this size in just a day and a half! I can't believe how helpful this was for people EVERYWHERE who have ever had a surgery, more particularly women who struggle with the debilitating pain of endometriosis!

What a wonderful find! This book tells the inspiring story of a female physical therapist whose body was severely injured by surgery and radiation therapy when her doctors treated her for cancer, in the 1980s. In the 20+ year search for a cure from her medical injuries, she and her husband, a massage therapist, stumbled on the fact that their work seemed to be very helpful to other patients

with a variety of chronic pain issues - and several other conditions that present problems for Western physicians and their patients (e.g., infertility, endometriosis, bowel obstruction.) Driven largely by their patients' requests to investigate other conditions for which Western medicine offered little or no hope, the therapists embarked cautiously into areas that had heretofore been the exclusive domain of physicians. Thus, what started as a very personal search for relief, unfolded into the creation of a non-surgical, drug-free physical therapy that helped people overcome a number of unexpected disorders over the last two decades. The common culprit in all of these conditions (pelvic pain, endometriosis, small bowel obstruction, infertility, sexual problems) are the adhesions that form as the body heals, during one's lifetime. Throughout the book, the story of discovery is punctuated rather profusely with personal stories written by patients who underwent the therapy. While many of these tout the therapy, there really does not seem to be a way around that in this very personal lifetime quest. Many of the patient stories are inspiring; the ones from infertility patients, those who had reversals of life-threatening conditions, and those who experienced relief from years of debilitating, often unexplained pain) are downright heart-rending. Virtually all are very personal accounts of searches for relief from pain or female infertility. Many patients write about problems that resolved despite the failure of modern Western medicine. Quite a few patients had suffered for many years, up to a decade or more in some cases, before the new therapy brought relief. In most cases, it was because the therapists decreased the strong adhesions that are common, but difficult for physicians to diagnose. Most of these personal stories would interest readers who are looking for answers from themselves, or a loved one. Others are of special interest to people who have been struggling with some conditions that have more elusive cures: e.g. endometriosis, infertility, sexual pain or chronic pain conditions. As the therapists' story unfolds, the couple and their physician advisor tell how they were initially quite surprised to find that the therapy opened totally blocked fallopian tubes with subsequent natural pregnancies in women diagnosed infertile. The first was a surprise natural pregnancy in a woman whose tubes had been blocked for seven years. Another was the wife of a referring physician who was menopausal, and whose only tube had been blocked for twelve years. Both of these women had natural full-term pregnancies. You can imagine the surprise - and shock, of everyone involved when these conditions resolved with a modern version of old-fashioned "hands-on" care. The discovery that they could open fallopian tubes (which typically close due to adhesions) and the peer-reviewed studies they then conducted and published led them their co-author, hospital Chief-of-Staff Richard King, MD. Dr. King helped them conduct clinical studies to investigate the therapy, first for infertility, then for other adhesion-related conditions. As the book progresses, the group investigated (and published studies

on) several other conditions, such as the ones noted above. Recently, they have been investigating its use clearing small bowel obstructions, a life-threatening condition that is sometimes made worse by surgical repair. Per the back cover and first few pages, the book has received quite a bit of praise from doctors at Harvard, Columbia and Northwestern medical schools. Some of these doctors suggest the book as an appropriate and useful medical text, as well as a book for consumers. The Foreword by NY Times bestseller Dr. Christiane Northrup (arguably the best-known gynecologist in the US) is particularly moving. Unfortunately, it is not viewable on the "Look Inside" feature of , as of this writing. The book is profusely illustrated, with dozens of large, original drawings. These augment the text nicely, and are especially useful in the descriptions of how adhesions form, the effects they can have on various parts of the body, and how the therapy may help unravel the affected areas. Towards the end of the book, the writers reveal that they have recently been asked by patients and physicians to investigate other areas usually reserved for physicians. These include hormonal problems, Parkinson's and even Alzheimer's. Sound too good to be true? Well, that part may be . . . The authors admit that they are approaching these last two topics with a great deal of reservation, but they feel the area is too important not to investigate. I can't wait to read the updates from this group of healthcare providers who think "outside the box," then submit their findings to scientific review. Really fascinating!-Mary Hart

This book is absolutely amazing in its content, organization, research, pictures, and stories! I've been looking for a book like this on the shelves for years to read about women's health but none have existed until now! I have suffered for years with severe endometriosis and I have never found a book like this! The Wurn's talk about topics that have not been broached by other authors. Their research is amazing and gives hope to millions of women that they can get help for their pain, adhesions, endometriosis, infertility, sexual abuse and dysfunction and it can be found at Clear Passage Therapies and it doesn't involve surgery. This read is one you will not put down because the book is incredible in the information they write about but also the people they have helped around the world. You will not be disappointed in this book it is easy to read and understand and the information is so very valueable. I cannot say enough good things about this book besides thank you Belinda and Larry Wurn for your work!

This book is a 600+ page brochure for their \$5200 treatment, giving many anecdotes and sketchy descriptions of their research, but nothing specific that will help a reader. I read the first 114 pages before giving up and going for a Mayan Abdominal Massage.

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(10 Keys to Unlocking Pain Book 2)

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